

## WILDCAT ATHLETICS

Westminster offers more than 33 different middle school, junior varsity, and varsity sports teams including football, basketball, swimming, volleyball, softball, baseball, golf, tennis, bowling, track and field, middle and high school cheer squad, high school dance team, and much more. With 16 unique sports and qualified coaches whose primary mission is to help student-athletes grow into young men and women for Christ, this is where the real magic happens when it comes to discipleship.

With our thriving elementary sports program, including our pep squad,

students begin learning team dynamics while having fun exploring their interests. Mentors from the high school teams and varsity coaches support the growth campus-wide!

Students are encouraged to try a variety of team and individual sports to see what they enjoy most. If they choose to participate in athletics programs, they will spend time on the practice field and on road trips with their teammates and coaches. This setting provides the ideal opportunity for relationship building and mentorship. We love to win, but we don't let that define us! We are committed to training our student-athletes to be excellent in all things while instilling a desire to impact the world for the glory of God.

All students can participate in Health and Lifetime Fitness during the school year as a class, in after-school workout programs, or in summer strength and weight training with our award-winning strength and conditioning coach. This school-wide program allows all students to build their character while instilling in them a desire to care for their health and physical well-being.



I can tell my coaches care about me as a person, not just my performance on the field.

**Brandon** High School Athlete